

### **Tours for Girl Scouts**°

Learn more at eftours.com/girlscouts or call 800-457-9023

## **CONSERVATION IN COSTA RICA**

9 days | Costa Rica

Service tours provide an opportunity for you to immerse yourself in a new culture in a unique and meaningful way. In addition to your Service Learning activities, you'll enjoy the biodiversity of this beautiful country from every angle by visiting the hot springs of the Arenal region, hiking to La Fortuna Waterfall, visiting INBioparque, taking an exciting zip-line canopy tour and even going kayaking.

#### EVERYTHING YOU GET:

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Full-time Tour Director

- Sightseeing: Comprehensive sightseeing of natural attractions
- Entrances: Crocodile farm; Hot springs; Canopy tour; Kayaking; La Fortuna Waterfall; INBioparque; Folklore evening
- Experiential learning: Community service program

All of the details are covered: Round-trip flights on major carriers; Comfortable motorcoach; 8 overnight stays in hotels with private bathrooms; 3 meals daily (Days 2-8); Dinner on arrival day; Breakfast on departure day



#### DAY 1: FLY TO COSTA RICA

- Meet your Tour Director at the airport in San José

#### DAY 2: SAN JOSÉ I CENTRAL PACIFIC COAST

- Travel to Playa Palo Seco
- Visit a crocodile farm
- Service Learning activities: Introduction to project; Overview of methodologies and working plan

#### DAY 3: CENTRAL PACIFIC COAST

 Service Learning activities may include: Take a tour of mangrove and protected areas; Collect seeds; Clean and condition selected areas; Measure and demark the working terrain; Select vegetal material to be used

#### DAY 4: CENTRAL PACIFIC COAST

 Service Learning activities may include: Visit a nursery; Learn planting technique and watering process; Fill encasements with ground material; Plant seeds

#### DAY 5: ARENAL REGION

- Travel to the Arenal region and get ready for an adventure to remember. Behold the perfect conical shape that emerges from the green hills of Alajuela: this is the fascinating Arenal Volcano. Overlooking the San Carlos plain and the Pacific lowlands, this mile-high volcano has been active for the past 7,000 years. You'll see the volcano from a different angle on your kayaking excursion. Not only does the volcano serve as a watershed for the lake, but it also provides thermal energy for the nearby hot springs.
- Visit hot springs

#### **DAY 6: ARENAL REGION**

- Enjoy a canopy tour and see the rainforest like never before. Strap into your safety harness and glide from platform to platform through the treetop greenery. As you ride down a zip-line, you'll get a bird's eye view of the breathtaking world around you. If you're lucky, you can spot some of the area's indigenous wildlife, including monkeys, caymans, crocodiles and iguanas. Those who opt not to participate in the canopy tour will enjoy free time in the Arenal region.
- Visit a local school

EF Tours for Girl Scouts gives girls the confidence to work toward a significant goal and the courage to try new things while traveling. They return with character and want to make their world a better place.

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Kim H., Group Leader

#### DAY 7: ARENAL REGION

- Enjoy a kayaking trip on Lake Arenal
- Visit La Fortuna Waterfall

#### DAY 8: ARENAL REGION I SAN JOSÉ

- Return to San José
- Visit INBioparque and discover a world of biological diversity on your visit to this natural park and research station, created by the National Institute of Biodiversity. Get an up-close look into the lives of tarantulas, frogs and bees in the permanent exhibits. Then, stretch your legs and wander the park's three different ecosystem trails. Venture to the pond to check out the freshwater flora and fauna. Thousands of colorful paper-thin wings flutter around you in the butterfly garden—see if you can spot Costa Rica's native species. Stop by the Ecological Tourism Office before you leave INBioparque for further information on conservation practices and protected wildlife regions.
- Explore ecosystem exhibits and trails
- Enjoy a folklore evening

#### DAY 9: DEPART FOR HOME

Itinerary subject to change. For complete financial and registration details, please refer to the Booking Conditions.

#### TOP THREE THINGS I WILL SEE, DO, TRY OR EXPLORE

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# The easiest ways to ENROLL TODAY





*Enroll by phone* 800-457-9023



Mail your Enrollment Form to: EF Tours for Girl Scouts Two Education Circle Cambridge, MA 02141

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## THE WORLD LEADER IN INTERNATIONAL EDUCATION

Your troop/council has partnered with EF because of our unmatched experience and worldwide presence, as well as our commitment to providing girls with life-changing travel opportunities that are immersive and affordable. For 50 years EF has been working toward one global mission: Opening the World Through Education. Together with educators worldwide, we provide experiences that teach critical thinking, problem solving, collaboration and global competence.

- We always offer the lowest prices guaranteed so more girls can travel.
- All of our educational itineraries feature experiential learning activities and visits to the best sites.
- We're completely committed to your safety. We have 500 schools and offices in over 50 countries around the world, so local EF staff members can react quickly and in person wherever you travel.
- Your full-time Tour Director is with your group every step of the way on tour, providing insight about your destinations as well as great local tips.

