



TOURS
FOR GIRLS

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GIRLS' EMPOWERMENT THROUGH SOCCER: BARCELONA AND MADRID

8 Days | Summer 2023

The soccer experience of a lifetime is waiting for you. Practice your craft, tour historic cities and take it all in on the field of world famous stadiums. Take a look at what's in store for you.

EVERYTHING YOU GET:



Full-time Tour Director



Activity level: Average; moderate walking (about 2 hours daily), and may include light hiking and climbing up hills or stairs



Entrances: Park Guell, Camp Nou Football Stadium, Bike tour, Soccer training session, Royal Palace, Soccer training session, Flamenco show, The Third Half program, Cooking class.



All of the details are covered: Round-trip flights on major carriers; project-based learning program, EF's personalized learning experience; hotels with private bathrooms; breakfast and dinner daily unless otherwise specified.





DAY 1: FLY TO SPAIN

- Board your overnight flight to Barcelona!

DAY 2: BARCELONA

- Welcome to Barcelona, an art and soccer lover's dream city where master like Picasso, Dali, and the F.C. Barcelona team call home! As the capital of the fiercely nationalistic Cataluña, Barcelona also celebrates unique identity through its language and increasingly influential government.
- Get to know Barcelona during your Tour Director-led walking tour. Together, you might see the historic Gothic Quarter, the unmistakable facade of a Gaudí masterpiece, or enjoy the Mediterranean boardwalk. *(Time permitting; based on flight arrival time)*

DAY 3: BARCELONA

- Your expertly guided tour will introduce you to the vibrant and culturally rich, Barcelona. Your bus will take you past Antoni Gaudí's unfinished La Sagrada Família, whose twisting spires and colorful mosaics have rendered it an unmistakable symbol of Barcelona. Enter into Gaudí's fantasyland of Park Güell, complete with a bright mosaic lizard fountain and the one of the longest benches in the world. Then enjoy marvelous harbor view from atop Montjuic Hill, where much of the 1992 Olympics took place.
- Visit Camp Nou Football Stadium, home of F.C. Barcelona. Your tour will take you through the stadium and to the F.C. Barcelona Museum. Sporting a range of works, from those of Dali and Miro to the Col·lecció Futbolart - Pablo Ormaechea exhibit, the museum is the most popular in the whole city, even more so than the Picasso Museum. *(Please note that this entrance is pending the team's home game schedule.)*

DAY 4: BARCELONA

- Take in the sights and sounds of Barcelona as you enjoy a wonderful bike tour of the city's main attractions. Your guide will give you a brief introduction before you and your fellow cyclists head out to discover the city.
- Strap on your shin guards, fill up your water bottle, and sharpen up some of your skills this afternoon as you participate in a soccer clinic. *(Pending confirmation)*
- This evening participate in an activity arranged by your group leader. Perhaps check out the "Magic Fountain" show at Montjuic that takes place on Friday and Saturday evenings. *(Please note any costs associated have not been factored into your program price).*

DAY 5: BARCELONA | MADRID

- Travel to Madrid by Spain's high-speed train, dubbed the AVE-Alta Velocidad Española. The first AVE train was inaugurated in 1992 with the completion of the Madrid-Sevilla line. The train will reach a maximum speed of more than 180 miles per hour before arriving in Madrid, your destination for the remainder of your tour.
- Arrive in Madrid. At 2,100 feet, this is Europe's highest capital, a Mecca for art-lovers, and home to one of the world's most famous soccer teams



These tours give girls the confidence to work toward a significant goal and the courage to try new things while traveling. They return with character and want to make their world a better place.

Kim H., Group Leader

DAY 6: MADRID

- Your expert local guide will introduce you to Madrid, the capital and largest city in Spain. During your panoramic bus tour, see the Puerta del Sol. Get a taste of royal Madrid as you visit the extravagant Palacio Real, where you'll wander the fabulous palace interior that has over 2,000 rooms.
 - Practice your Maradona turn and Elastico! Participate in an afternoon soccer clinic or visit Santiago Bernabeu Football Stadium.
 - Take a Flamenco dance lesson. The name itself evokes the emotions and traditions of Spain. Flamenco is a unique art form combining guitar playing, singing, chanting, dancing and hand-clapping. (Keep in mind that the guitar is a Spanish invention, dating back to the 1500's.) There are two main types of song: one lively and cheerful (*cante chico*) and the other sad and haunting (*cante jondo*).
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**DAY 7: MADRID**

- Participate in a soccer-themed immersion activity with The Third Half. This local exchange will be in conjunction with the Third Half organization whose mission is to improve the lives of boys and girls in underserved communities around the world . It will be hosted by the respected non-profit 'Dragones de Lavapiés', a multicultural, grassroots soccer club which uses the game to deliver education programs and foster social inclusion in the immigrant dense neighborhood of Lavapiés. Your visit will help Dragones de Lavapiés provide scholarships for children to attend its powerful soccer programs throughout the year.
 - Participate in a cooking class. Spanish cuisine is as diverse as the country's geography, climate and culture. Since being established as the capital of Spain by King Felipe II in the 16th century, Madrid has been a true melting pot of the cuisines developed in the country's various regions. This mouth watering activity gives your group a chance to prepare - and savor! - a Spanish specialty of your own.
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**DAY 8: RETURN HOME**

- Your tour director assists with your transfer to the airport, where you'll check in for your return flight home.
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For complete financial and registration details, please refer to the Booking Conditions at www.girltrips.eftours.com/help-center/policies/booking-conditions

**TOP THREE THINGS I WILL SEE, DO, TRY OR EXPLORE**

1. _____
2. _____
3. _____



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- **We always offer the best value**
so more girls can travel.
- **All of our educational itineraries feature experiential learning activities** and visits to the best sites.
- **We're completely committed to your safety.**
We have more than 650 schools and offices in over 50 countries around the world, so local EF staff members can react quickly and in person wherever you travel.
- **Your full-time Tour Director** is with your group every step of the way on tour, providing insight about your destinations as well as great local tips.

Tours are sold and operated by EF Education First, the world leader in international education. EF's portfolio includes language training, educational travel, academic degree programs, and cultural exchange.